

West Leigh Spring Term Menu – Week 2  
 13.01.25,03.02.25, 03.03.25, 24.03.25



| Week Two                    | Monday   | Tuesday   | Wednesday  | Thursday   | Friday   |
|-----------------------------|--|---|--|--|--|
| <b>Main Meat Meal</b>       | Homemade Macaroni Cheese with Garlic Bread<br><b>G, M</b>                                    | Pork Sausage<br><b>G, S</b>   | Minced Beef and Onion Puff Pastry Pie with Gravy<br><b>G</b>                                 | Chicken Thigh Curry  | Battered Chicken Steaks<br><b>CE, G, M, SB</b>                   |
| <b>Main Vegetarian Meal</b> | Jacket Potato (Choose from Baked Beans <b>VG</b> , Cheese <b>M</b> , Tuna Mayo <b>E, F</b> ) | Vegan Sausage<br><b>VG</b>  | Winter Vegetable Puff Pastry Pie with Gravy<br><b>G</b>                                      | Cauliflower and Vegetable Curry  | Vegetable & Cheese Bake<br><b>G, M</b>                           |
| <b>Alternative Option</b>   | Granary Baguette with Cheese<br><b>G, M</b>  | Wholemeal Wrap with Egg Mayo<br><b>G, E</b>   | Jacket Potato (Choose from Baked Beans <b>VG</b> , Cheese <b>M</b> , Tuna Mayo <b>E, F</b> ) | Jacket Potato (Choose from Baked Beans <b>VG</b> , Cheese <b>M</b> , Tuna Mayo <b>E, F</b> ) | Granary Baguette with Salmon and sweetcorn<br><b>G, F</b>        |
| <b>Accompaniments</b>       | Sweetcorn Salad Bar  | Yorkshire Pudding<br><b>G, E, M</b><br>Mashed Potatoes <b>M</b><br>Garden Peas<br>Salad Bar | Roast Potatoes<br>Carrots/Sweetcorn<br>Salad Bar   | Coleslaw <b>E, M</b><br>Sweetcorn<br>Salad Bar   | Diced Potatoes <b>G</b><br>Spaghetti Hoops <b>G</b><br>Salad Bar |
| <b>Dessert</b>              | Fresh Fruit<br>Yoghurt <b>M</b><br>Raspberry Mousse<br><b>M</b>                              | Fresh Fruit<br>Yoghurt <b>M</b><br>Fruit Jelly  | Fresh Fruit<br>Yoghurt <b>M</b><br>Cornflake Cherry<br>Crunch <b>G</b>                       | Fresh Fruit<br>Yogurt <b>M</b><br>Chocolate Prune<br>Cake <b>G</b>                           | Fresh Fruit<br>Yogurt <b>M</b><br>Ice Cream <b>M</b>             |

Gluten free and other dietary needs available on request

Wholemeal Bread **G** available daily

**Allergens Key**

|           |                   |             |          |          |          |          |            |           |                 |          |                 |           |                    |
|-----------|-------------------|-------------|----------|----------|----------|----------|------------|-----------|-----------------|----------|-----------------|-----------|--------------------|
|           |                   |             |          |          |          |          |            |           |                 |          |                 |           |                    |
| Celery    | Cereals<br>gluten | Crustaceans | Eggs     | Fish     | Lupin    | Milk     | Mollusc    | Mustard   | Nuts            | Peanuts  | Sesame<br>seeds | Soya      | Sulphur<br>Dioxide |
| <b>CE</b> | <b>G</b>          | <b>CR</b>   | <b>E</b> | <b>F</b> | <b>L</b> | <b>M</b> | <b>Mol</b> | <b>MU</b> | <b>N (tree)</b> | <b>P</b> | <b>SS</b>       | <b>SB</b> | <b>S</b>           |

**VG = Vegan Friendly V= Vegetarian**