



West Leigh Junior School

Part of the Portico Academy Trust

Executive Headteacher - Mrs C. Woolf

Head of School - Mr J Lear

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opening doors, unlocking potential

CEO – Mrs C. Woolf

12th October 2021

Dear Parents and Carers,

We are writing to you as we currently have several children in school who have nut allergies. As you may be aware, people who suffer from nut allergies can develop a severe, potentially life-threatening allergic reaction.

If someone has a nut allergy it is not just eating nuts that can cause a severe reaction, just being touched on the skin or smelling the breath of someone who has had nuts or a product containing nuts can trigger anaphylactic shock (which can cause breathing and swallowing difficulties).

First aid staff in the school are trained to use the Epi-pens (an injection of adrenalin) which are required if this happens. However, we would like to minimise any risk as much as possible by asking that you have no nut products in the children's lunch boxes or brought into the school as snacks.

For example:

Peanut butter sandwiches

Chocolate spreads

Cereal bars

Some granola bars

Cakes that contain nuts

Biscuits / Cookies that contain nuts

Condiments, e.g. satay sauce

This list is not exhaustive, so please check the packaging of products closely. We appreciate that this is an additional thing to check but we are sure that you recognise the importance of it. We very much aim to be a nut free school. We know that if this was your child suffering from this kind of allergy, you would want and expect that we all help, especially as it is a life-threatening condition.

If you have any questions, please do not hesitate to contact us.

Yours sincerely

Executive Headteacher

Head of School