



**School Nursing Service**  
*Community health clinics for  
children aged 5 – 11 who are being  
educated in Southend*



**An Event for Infant and Junior Parents**

**Venue: Dining Hall at West Leigh School**

**Date: Tuesday 26th March 2024**

**Time: 2:30—3:00 pm**

Come and have a cup of tea or coffee and meet our school nurse.

She will be sharing some advice for parents about how to manage children's anxiety, as well as introducing the services offered by the school nursing team, which include:

Emotional health and wellbeing advice • Growth and development • Healthy lifestyles • Bedwetting support • Hearing and vision • Sleep support • Puberty

**No appointment needed.**

**Call or text us for further information—01702 534843**

**ChatHealth Parentline: 07507 331884**

**West Leigh Junior School: 01702 478593/ West Leigh Infant School: 01702 476610**

Parents  
scan this QR  
Code to find  
support



[www.southend.gov.uk/schoolnurses](http://www.southend.gov.uk/schoolnurses)



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