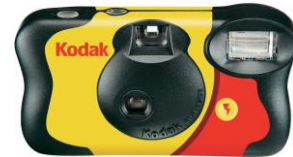


A checklist of items to pack for our trip to Mersea:

- Water shoes or old trainers that can get wet
- Socks and underwear
- T-shirts
- Warm tops/fleece
- Long trousers/jogging bottoms
- Sturdy trainers for outdoor activities
- Sleepwear (tents may not be warm!)
- Sleeping Bag
- Pillow
- Waterproof jacket/cagoule
- Water bottle
- Sun cream and sunhat (weather dependent)
- Wash bag to include toothbrush and toothpaste
- Towel
- Torch



You need enough of the above to last you for 3 days. It could be hot or cold, or wet or dry – or all of these things together so come prepared!

Children must not bring electronic devices but you might want to take a labelled disposable camera.

Everything you take must fit into one suitcase or holdall. You must be able to carry it yourself so leave the kitchen sink at home!