

West Leigh Spring Term Menu – Week 1  
05.01.26, 26.01.26, 24.02.26, 16.03.26



Week One		Monday	Tuesday	Wednesday	Thursday	Friday
Main Meat Meal		Homemade Tomato & Vegetable Wholemeal Pasta <b>G</b>	All Day Breakfast (Sausage, Beans, Hash Brown) <b>G,S</b>	Traditional Roast Chicken	Chilli Con Carne	100% Fish Fingers <b>G, F</b>
Main Vegetarian Meal		Jacket Potato (Choose from Baked Beans <b>VG</b> , Cheese <b>M</b> , Tuna Mayo <b>E, F</b> )	Vegetarian All Day Breakfast (Vegetarian Sausage, Beans, Hash Brown) <b>G, VG</b>	Roast Quorn In Gravy <b>G</b>	5 Beans and Vegetables Chilli Con Carne <b>VG</b>	Vegetable Fingers <b>VG, G</b>
Alternative Option		Wholemeal wrap with Tuna Mayo <b>G, E, F</b>	Granary Baguette with Cheese <b>G, M</b>	Granary Baguette with Egg Mayonnaise <b>G, E</b>	Jacket Potato (Choose from Baked Beans <b>VG</b> , Cheese <b>M</b> , Tuna Mayo <b>E, F</b> )	Wholemeal Wrap with Salmon and Sweetcorn <b>G, F</b>
Accompaniments		Sweetcorn Salad Bar	Scrambled Egg <b>E, M</b> Mushrooms Tomatoes, Salad Bar	Roast Potatoes, Yorkshire Pudding <b>G,E,M</b> Carrots / Peas Salad Bar	Rice Mixed Vegetables Salad Bar	Plain Potato Wedges <b>G</b> Sweetcorn/Peas Salad Bar
Dessert		Fresh Fruit Yoghurt <b>M</b> Fruit Cocktail	Fresh Fruit Yoghurt <b>M</b> Cornflake Crunch <b>G</b>	Fresh Fruit Yogurt <b>M</b> Banana Cake <b>G, E</b>	Fresh Fruit Yoghurt <b>M</b> Carrot Cake <b>E, G, SB</b>	Fresh Fruit Yogurt <b>M</b> Fruit Jelly

Gluten free and other dietary needs available on request

Wholemeal Bread **G** available daily

Allergens Key

Celery	Cereals gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
CE	<b>G</b>	<b>CR</b>	<b>E</b>	<b>F</b>	<b>L</b>	<b>M</b>	<b>Mol</b>	<b>MU</b>	<b>N (tree)</b>	<b>P</b>	<b>SS</b>	<b>SB</b>	<b>S</b>

**VG** = Vegan Friendly   **V** = Vegetarian