

West Leigh Autumn Term Menu – Week 1
 04/09/24, 23/09/24, 14/10/24, 11/11/24, 02/12/24



Week One	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meat Meal	Homemade Creamy Cheese and Vegetable Bake G, M, SB	Pork Sausage Toad in the Hole G, E, M, S	Homemade Mild Chicken Curry with Rice	Homemade Beef M Cottage Pie	100% Fish Fingers G, F
Main Vegetarian Meal	Jacket Potato (Choose from Baked Beans VG , Cheese M , Tuna Mayo E, F)	Vegan Sausage VG Toad in the Hole G, E, M	Homemade Mild Chickpea and Vegetable Curry VG	Homemade Quorn and vegetable Cottage Pie E, M	Vegetable Fingers VG, G
Alternative Option	Granary Baguette with Tuna Mayonnaise G, E, F	Jacket Potato (Choose from Baked Beans VG , Cheese M , Tuna Mayo E, F)	Granary Baguette with Cheese M, G	Jacket Potato (Choose from Baked Beans VG , Cheese M , Tuna Mayo E, F)	Wholemeal Wrap with Salmon and Sweetcorn G, F
Accompaniments	Coleslaw E Salad Bar	Sauté Potatoes Carrots / Beans Salad Bar	Rice Salad Bar	Carrots / Peas Salad Bar	Potato Wedges Baked Beans Salad Bar
Dessert	Fresh Fruit Yoghurt M Fruit Cocktail	Fresh Fruit Yoghurt M Iced Finger G, SS	Fresh Fruit Yoghurt M Apple Crumble G Custard M	Fresh Fruit Yogurt M Banana Cake G, E	Fresh Fruit Yogurt M Fruity Jelly

Gluten free and other dietary needs available on request

Wholemeal Bread **G** available daily

Allergens Key

Celery	Cereals gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
CE	G	CR	E	F	L	M	Mol	MU	N (tree)	P	SS	SB	S

VG = Vegan Friendly V= Vegetarian