West Leigh Junior School

Principal: Mr M Aggus

PORTICO ACADEMY TRUST

CEO - Mrs C. Woolf

Wednesday 4th November 2026

Dear Parents/Carers,

Since September 2020, all primary schools have been required to teach the relationships and health education as laid out by the Department for Education. Our policy is on our website, where you can find more information about our approach to the teaching of relationships, health and PSHE. I also recommend that you look at the following DfE guide, which sets out the requirements of the statutory curriculum clearly:

https://www.gov.uk/government/publications/relationships-sex-and-health-education-guides-for-schools?utm_medium=email&utm_source=govdelivery

All information regarding our approach to RSE and PSHE can be found on our website using the following link. This includes our curriculum long term plan as well as other useful information.

PSHE & RSE | westleighjunior

Please note that we teach all areas of relationships and health in an **age-appropriate manner**. Our long- term plan is shown below:

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Year 3	Friendship	Families	Online Safety	Physical health and Healthy eating	Safety	Environment
Year 4	Bullying	Financial Education	Wellbeing	Online Safety	Personal Safety	Respect
Year 5	Online safety	First Aid	Democracy	Puberty	Media Literacy	Health
Year 6	Careers	Online safety	Wellbeing	Sex Education	Drugs, Alcohol, Tobacco and Vaping	Transition

As a very basic overview, these are the statutory and non-statutory RSE topics that are covered within each year group:

Year 3 **STATUTORY** – healthy friendships, healthy eating and physical activity, family relationships

Year 4 **STATUTORY** – bullying, boundaries, privacy/secrets, appropriate or inappropriate contact (including names of sexual body parts)

Year 5 **STATUTORY** – puberty, recognising signs of illness, sun exposure, good quality sleep, first aid

Year 6 **STATUTORY** - puberty recap, risks relating to online gaming, age restrictions on social media, drugs, alcohol, tobacco and vaping

Year 6 **NON-STATUTORY** - sex (and healthy relationships) education

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In January I will hold parent meetings in order to share the lessons in more detail and show you the resources that we use in class. The meetings will be held on the following dates via Teams, with recordings posted on our website following the meeting:

Years 3 and 4 – Monday 11th January 2027 2.00pm

Year 5 – Wednesday 13th January 2027 2.00pm

Year 6 – Monday 18th January 2027 2.00pm

I will send a reminder of these dates as well as a link to each Teams meeting nearer the time.

You cannot withdraw your child from Relationships Education as it is a statutory part of the curriculum and, of course, it is important that all children receive this content, covering important topics such as friendships and how to stay safe.

Parents can withdraw their children from all or part of sex education **(that is only taught in Year 6)** that does not form part of the statutory National Curriculum. Please note that reproduction of plants and animals, including humans, is covered within our statutory Year 5 science curriculum. If you wish to withdraw your child from all or part of the school's **Year 6 sex education programme** please contact me, although I advise attending the meeting first to find out what we will be covering.

I look forward to seeing you in January.

Yours sincerely,

Mrs C. London

Vice Principal