### MERSEA 20<sup>TH-</sup>22<sup>ND</sup> SEPTEMBER 2023



# ARRIVAL

- Children to arrive at school at normal time but enter school through the school office.

- They will need to be dressed in their clothes for Mersea.
- Please ensure they are able to carry all their bags themselves.
- Travel to Mersea in the morning via coaches.

#### AT MERSEA

- When we arrive at Mersea, the children will be allocated their tents.

- The children will spend very little time in their tents over the course of the three days.

- Staff will be staying on the same campsite, with at least two staff members awake at all times.

### **MEAL TIMES**

- Children will need a packed lunch on the Wednesday.
- Children will be provided with a wide range of choices.

- Dinner will be provided on Wednesday . Breakfast, lunch and dinner will be provided on Thursday and breakfast and lunch will be provided on Friday.

- Please ensure we are aware of any dietary requirements if not specified on your child's medical form.

# ACTIVITIES

- Throughout the three days, children will take part in seven different activities in their activity groups.

- These will not be the same for each child but can range from vertical obstacle courses, bush craft, kayaking, paddle boarding and high ropes courses.

- The staff at Mersea lead each of these activities but a member of school staff will be with each group.

- Activity groups will be different to tent groups but they may be with some of the same children.

- In addition, all the children will take part in evening activities organised by staff.

# KIT LIST

Water shoes or old trainers that can get wet

Socks and underwear

**T-shirts** 

Warm tops/fleece

Long trousers/jogging bottoms

Sturdy trainers for activities

Sleepwear

**Sleeping Bag** 

Pillow

Waterproof jacket/cagoule

Water bottle

Sun cream and sunhat (weather dependent)

Wash bag to include toothbrush and toothpaste

Towel

No electronic equipment but labelled disposable camera if you wish

Sweets

## **MEDICAL REQUIREMENTS**

- Any medical information will need to be provided on your child's medical form. These will be given out on 4<sup>th</sup> September and need to be returned by Friday 8<sup>th</sup> September.

- Please ensure any second medical forms have been returned by Thursday 14<sup>th</sup> September.

- All medicine to be handed to your child's class teacher by Friday 15<sup>th</sup> September.

- Staff at Danbury are first aid trained, as are a number of the staff from West Leigh.

### **RETURNING TO SCHOOL**

- Children will return to school on Friday afternoon approx. 3pm.
- Please collect your children as usual at the end of the school day from the playground.

#### PAYMENT

- Final payment is due by Friday 30<sup>th</sup> June