



School Nursing Service
*Community health clinics for
children aged 5 – 11 who are being
educated in Southend*



An Event for Infant and Junior Parents

Venue: Dining Hall at West Leigh School

Date: 14th March 2024

Time: 2:30—3:00 pm

Come and have a cup of tea or coffee and meet our school nurse.

She will be sharing some advice for parents about how to manage children's anxiety, as well as introducing the services offered by the school nursing team, which include:

Emotional health and wellbeing advice • Growth and development • Healthy lifestyles • Bedwetting support • Hearing and vision • Sleep support • Puberty

No appointment needed.

Call or text us for further information—01702 534843

ChatHealth Parentline: 07507 331884

West Leigh Junior School: 01702 478593/ West Leigh Infant School: 01702 476610

Parents
scan this QR
Code to find
support



www.southend.gov.uk/schoolnurses



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